



ABINGTON SURGICAL CENTER

We're in this together.

Abington Surgical Center
2701 Blair Mill Road, Suite 35
Willow Grove, PA 19090

What to Expect on the Day of Surgery

- Please do not eat solids after midnight before surgery. You are permitted clear liquids (water, apple juice, tea, black coffee) up to **two hours** before the arrival at the Center. Please **no milk, cream or orange juice**.
- All adult Surgical Patients, **AT THE REQUEST OF THE ANESTHESIA DEPARTMENT**, please take **Tylenol 1000mg** (as long as you are not allergic) with a mouthful of water before you leave the house to come to the surgical center. **If you have kidney disease only take 500mg**. Patients having Pain Management procedures or GI procedures do not need to take Tylenol.
- On the morning of your surgery please **hold all medications**, except above Tylenol, and **BRING YOUR MORNING MEDICATIONS WITH YOU TO THE SURGICAL CENTER**. Anesthesia will determine which medications you can take.
- Bring your photo ID, insurance card, and any MRI reports to Registration. Please be prepared to pay your applicable co-pay and deductibles. Do **not** bring any other valuables.
- Do not smoke.
- You may brush your teeth on the day of your procedure, however you may **not** chew gum or have mints.
- Wear loose clothing and low-heeled shoes.
- Patients having breast, face, neck or shoulder surgery please wear an oversized shirt, preferably that opens in the front, in order to make dressing after your procedure easier.
- Patients having abdominal or leg surgery please wear loose fitting pants preferably with an elastic waist. Jeans are usually not a good choice since they do not fit over bulky dressings.
- Please remove all body piercings.
- Do not wear contact lenses. Wear your eyeglasses and bring your eyeglass case with you.
- You **MUST** have a driver over the age of 18 to bring you and **THEY MUST STAY HERE AT THE ABINGTON SURGERY CENTER DURING YOUR PROCEDURE**, and then take you home afterwards. Someone should stay with you for at least 24 hours after your procedure.
- You will not be permitted to take a cab/Uber or Lyft home unless you have an adult here at the surgical center to accompany you home.
- Relax and leave the rest to us!

Call Abington Surgical Center immediately if you are unable to keep your appointment or will be late: 215-443-8505.